

Age Group Results - Run for the "L" of it!

Name Age Plac Time Pace

Women's - 14 and Under

katarina gimbornys	13	27	20:50.73	6:42.6
Charliann Garcia	10	55	22:59.25	7:23.9
sam kimura	14	78	25:05.91	8:04.7
arianna lozada	12	85	25:29.72	8:12.4
Katie Bonura	14	125	27:19.92	8:47.8
Jordan Pautsch	12	165	29:00.67	9:20.3
Catherine Heady	11	253	38:16.39	12:19.1
Lizzi Whitlock	11	284	42:19.58	13:37.4
Natalie Bonura	9	306	47:32.45	15:18.1

Women's - 15 to 19

Alison Hartog	19	65	23:41.43	7:37.5
Allison Blackburn	19	77	25:02.86	8:03.7
aubrey woolley	19	82	25:18.74	8:08.8
sarah beck	19	93	25:45.80	8:17.5
Shannon Cornette	19	140	27:53.69	8:58.7
greta aschbacher	19	208	33:04.23	10:38.7
shari grayson	18	209	33:04.56	10:38.8
Jalysa Scherer	19	246	36:58.95	11:54.2
Emily Coffey	19	282	42:14.77	13:35.9
Amy Su	16	354	54:28.43	17:32.0

Women's - 20 to 24

diane thomas	24	19	20:19.27	6:32.4
tracy lightfoot	22	29	20:57.68	6:44.8
Melissa Grieshaber	22	59	23:06.36	7:26.2
Jennifer Allen	22	70	24:02.05	7:44.2
Sarah Smith	20	87	25:33.74	8:13.7
Paige Battcher	21	88	25:34.25	8:13.8
Amber Spalding	22	94	25:46.49	8:17.8
amanda thorsen	20	114	26:50.80	8:38.5
kathryn ruf	23	138	27:46.30	8:56.3
courtney smith	24	147	28:15.70	9:05.8

<i>Name</i>	<i>Age</i>	<i>Plac</i>	<i>Time</i>	<i>Pace</i>
Cori Burnett	24	154	28:31.75	9:10.10
Jordan Nabity	22	169	29:10.17	9:23.3
Jacquelyn Roe	21	177	29:46.10	9:34.9
Jaclyn Vaughn	20	180	29:57.62	9:38.6
April Brown	24	186	30:33.76	9:50.2
Schlonda Handley	24	193	31:19.62	10:04.10
Michelle Page	21	200	32:08.04	10:20.6
Lindsay Moore	21	203	32:29.55	10:27.5
Leigh Ann Newton	24	204	32:35.84	10:29.5
Sarah Hopper	23	207	32:55.37	10:35.8
Tara Adams	24	217	33:38.71	10:49.8
maria behr	23	229	35:08.25	11:18.6
lindsay shepard	23	230	35:11.59	11:19.7
Holly Cox	24	251	37:06.58	11:56.7
Jessica Durbin	21	263	40:08.45	12:55.2
stacey woodrum	24	300	46:40.02	15:01.2
Blair Perkins	23	307	47:45.47	15:22.3
Allison Strickland	24	308	47:45.92	15:22.5

Women's - 25 to 29

danielle meriwether	26	33	21:20.82	6:52.3
Farah Johnstone	26	46	22:24.86	7:12.9
Jaclyn Lowe	27	47	22:33.24	7:15.6
Ursela Russell	26	68	23:48.34	7:39.7
Kelly Watkins	27	79	25:07.58	8:05.2
Danielle Schubargo	29	80	25:10.97	8:06.3
Isabelle Bagshaw	28	96	25:52.34	8:19.7
Denise Ingle	29	118	26:59.19	8:41.2
virginia olin	28	148	28:19.34	9:06.10
Sara Houlette	27	160	28:49.49	9:16.7
Laura Mosher	27	161	28:54.39	9:18.3
jenny stith	29	173	29:33.73	9:30.9
Jaime Smith	29	176	29:42.06	9:33.6
Kristin Wheatley	26	183	30:04.57	9:40.8
Emilie Ward	25	206	32:43.71	10:32.1
Lorrie Yanders	25	227	34:54.36	11:14.1
Renee Yanders	28	228	34:54.90	11:14.3
Sara Lackner	27	242	36:49.92	11:51.3

<i>Name</i>	<i>Age</i>	<i>Plac</i>	<i>Time</i>	<i>Pace</i>
devon allen	29	243	36:50.37	11:51.5
Farrah Spellman	25	247	37:00.43	11:54.7
lynda keeton	27	254	38:45.88	12:28.6
jessica chandler	28	255	38:46.21	12:28.7
jenny bond	27	257	38:59.59	12:33.0
Rachael Elrod	29	273	41:16.06	13:16.10
ashley hannan	27	336	50:48.63	16:21.3
beth esterle	25	337	50:49.15	16:21.4

Women's - 30 to 34

Angela Bradsher	34	97	25:53.80	8:20.1
kristin anderson	33	104	26:26.44	8:30.6
betsy hoover	34	110	26:35.71	8:33.6
melinda goldstein	32	131	27:34.88	8:52.7
kathy mcCarthy	30	132	27:35.21	8:52.8
Angela North	32	182	30:04.14	9:40.7
Leigh Ann Gutemuth	34	187	30:36.53	9:51.1
Andrea Hughes	30	192	31:08.57	10:01.4
Michelle Ritchey	31	195	31:21.35	10:05.6
Nadine Jacobsen	31	196	31:26.94	10:07.4
Susan Kwashy	30	197	31:35.24	10:10.0
melissa willis	31	264	40:18.73	12:58.5
Baujoko Mylantha	31	319	50:03.82	16:06.8

Women's - 35 to 39

Jennifer Ramage	38	21	20:22.59	6:33.5
Geri Keller	37	62	23:25.02	7:32.2
Patricia Shreve	38	101	26:08.98	8:25.0
Robin Garcia	38	116	26:52.52	8:39.0
Laura Dunne	37	126	27:20.24	8:47.9
stacy colten	36	142	28:03.68	9:01.9
katie caswell	39	143	28:09.36	9:03.8
Carol Pautsch	39	191	30:57.10	9:57.7
Stephanie Poynter	35	272	41:15.22	13:16.7
cheri eskridge	39	291	43:50.51	14:06.7

Name Age Plac Time Pace

Women's - 40 to 44

Kelley Whitlock	41	113	26:47.25	8:37.3
Ann Yoho	40	115	26:51.94	8:38.8
Karen Bonura	40	124	27:18.24	8:47.3
maureen sullivan	44	163	28:56.81	9:19.0
Laurel Lammers	40	198	31:35.64	10:10.2
Angela Walker	43	215	33:17.10	10:42.8
Terri Blincoe	40	226	34:53.90	11:13.10
Linda Kitzmann	42	290	43:47.95	14:05.9
lisa reccius	43	342	51:15.79	16:30.0
Traci Blincoe	41	358	55:48.90	17:57.9

Women's - 45 to 49

Fawnda Callebs	45	71	24:04.82	7:45.0
rebecca kimura	45	81	25:12.50	8:06.8
Gloria King	48	105	26:27.52	8:30.10
Teresa Smith	49	122	27:16.00	8:46.6
Michele Kabbes	46	144	28:12.06	9:04.6
KATHY MUDD	47	155	28:34.67	9:11.9
Veeda Embry	47	218	33:42.17	10:50.9
Karen Grazionale	47	231	35:20.99	11:22.7
Tonyia Lee	46	260	39:27.07	12:41.9

Women's - 50 to 54

Glenda Hill	53	90	25:38.46	8:15.2
Debra Thomas	54	128	27:25.36	8:49.6
maggie eden	53	129	27:27.72	8:50.4
Michele Hines	53	190	30:52.32	9:56.2
Becky Signorino	50	219	33:48.80	10:53.0
Kim Allen	50	224	34:23.04	11:04.0
Terry Ford	52	237	35:49.29	11:31.8
Susan Kiper	50	241	36:07.32	11:37.6
amy herman	54	332	50:23.64	16:13.2
mary jane ruf	50	361	55:58.63	18:01.0

<i>Name</i>	<i>Age</i>	<i>Plac</i>	<i>Time</i>	<i>Pace</i>
<i>Women's - 55 to 59</i>				
Jeannie Larson	55	185	30:32.96	9:49.10
Lydia Wiederholz	57	239	35:50.43	11:32.2
donna harris	55	313	48:59.62	15:46.2
eileen edlin	56	314	49:00.13	15:46.3

<i>Women's - 60 to 64</i>				
Sally Moyer	62	108	26:34.04	8:33.1
terrell hodge	62	146	28:14.05	9:05.3

<i>Women's - 65 to 69</i>				
Carol G. Westerman	69	210	33:05.91	10:39.2

<i>Women's - 70 and Over</i>				
Rose M. Taylor	70	214	33:07.69	10:39.8
Patricia Ford	74	299	46:36.51	15:00.1

Mens 14 and Under

<i>Name</i>	<i>Age</i>	<i>Plac</i>	<i>Time</i>	<i>Pace</i>
zack beavin	13	10	18:24.29	5:55.4
Jared Allard	13	35	21:32.66	6:56.1
Daniel Brooks	14	40	21:55.21	7:03.3
Jimmy Paul	12	43	22:12.26	7:08.8
Trenton Fryman	9	44	22:12.58	7:08.9
Matthew Kabbes	12	54	22:56.67	7:23.1
Michael Brooks	9	57	23:04.91	7:25.8
Matthew Frank	11	152	28:26.89	9:09.4
Cameron Stephens	8	164	28:57.37	9:19.2
Christian Brooks	6	189	30:44.05	9:53.5
emmanual baker	6	220	33:54.03	10:54.7
lashawn Baker	10	221	33:55.82	10:55.3
Edward Nelson	7	222	34:01.00	10:56.9
Myles Nelson	6	235	35:45.25	11:30.5
isaih baker	8	236	35:46.20	11:30.8
Robert J Heady	9	240	35:57.06	11:34.3
Keenan Jacobsen	9	266	40:37.41	13:04.5
rob gentile	0	280	42:12.26	13:35.1
justus marshall	3	318	50:01.81	16:06.2

Men's - 15 to 19

mark hamilton	19	5	17:16.84	5:33.7
Jacob McKenna	19	25	20:39.82	6:39.1
trevor griffin	19	36	21:36.69	6:57.4

Men's - 20 to 24

brian case`	23	7	17:47.50	5:43.6
corey johnson	20	17	20:10.55	6:29.6
harrison rich	21	22	20:25.27	6:34.4
Clarence King	23	38	21:46.61	7:00.6
Jason Wicker	21	50	22:47.94	7:20.3
Ryan Jones	20	64	23:40.56	7:37.2
Luke Stephens	20	66	23:41.78	7:37.6
David Burnett	24	91	25:39.79	8:15.6
Jonathan Sealfield	24	127	27:20.69	8:48.1
Nick D'Andrea	24	130	27:31.72	8:51.6
Jeffrey Cornwell	20	133	27:35.58	8:52.9
Kevin Poppe	21	158	28:39.78	9:13.5
Christopher Peterson	24	159	28:41.37	9:14.1
Harry King	20	167	29:08.36	9:22.7
Daniel Thompson	22	168	29:09.38	9:23.1
Wes Cobb	21	178	29:46.51	9:35.0
Troy Walton	21	245	36:58.01	11:53.9

Michael Brashear	24	259	39:13.58	12:37.5
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Men's - 25 to 29

brian hobbs	25	4	17:12.81	5:32.4
josh heird	26	11	18:57.80	6:06.2
Shawn Wilson	28	13	19:06.18	6:08.9
chris marlin	26	20	20:20.94	6:32.10
troy stubbs	28	24	20:32.92	6:36.8
Michael Felts	28	32	21:17.48	6:51.2
Aaron Todd	26	49	22:46.56	7:19.9
jared mccammon	27	52	22:51.15	7:21.3
jarret gahafer	26	61	23:18.77	7:30.2
craig moyer	25	73	24:35.72	7:54.10
Adriel Gray	27	84	25:27.86	8:11.8
jacob rutledge	25	102	26:21.34	8:28.10
Mohamed Karaoud	25	134	27:37.41	8:53.5
Chris Jamison	25	150	28:21.28	9:07.6
Jesse Brown	27	166	29:06.70	9:22.2
joe stith	26	172	29:31.24	9:30.1
Travis Dalhoff	29	184	30:18.59	9:45.4
Mat Manne	28	188	30:43.62	9:53.4
ray cannon	26	201	32:13.38	10:22.3
Barrett Ward	25	205	32:43.37	10:31.10
Evie Hocker	27	248	37:00.81	11:54.8

Men's - 30 to 34

Justin Pohn	31	28	20:55.53	6:44.1
Jonathan Marcum	30	34	21:28.12	6:54.6
Marcus Warren	34	41	21:55.58	7:03.4
Allan Dunaway	33	60	23:12.24	7:28.1
Paul McKim	30	76	24:55.68	8:01.4
matt griffin	30	89	25:36.02	8:14.4
Steve Castle	32	107	26:33.16	8:32.8
Todd Brizendine	32	135	27:41.51	8:54.8
David McDowell	31	141	27:56.22	8:59.5
Brad Pearson	32	145	28:13.59	9:05.1
Kevin Spencer	30	202	32:17.56	10:23.6
christopher toy	31	213	33:07.06	10:39.6
damon willis	34	265	40:19.14	12:58.7
Martin Poynter	33	271	41:09.78	13:14.10
Jonathan Cowherd	32	274	41:17.82	13:17.5

<i>Name</i>	<i>Age</i>	<i>Plac</i>	<i>Time</i>	<i>Pace</i>
<i>Men's - 35 to 39</i>				
tony stidham	37	8	18:16.47	5:52.9
savl dohn	38	18	20:15.22	6:31.1
Paul Layton	38	30	21:05.77	6:47.4
Joe Hinkle	37	31	21:14.98	6:50.4
kelly hodges	36	42	22:06.79	7:07.1
t j burch	36	48	22:33.75	7:15.7
Mike Coffey	38	56	23:01.03	7:24.5
Jason Dunn	37	74	24:37.47	7:55.6
David Markert	39	83	25:20.89	8:09.5
Jeff Sweet	37	95	25:49.64	8:18.8
Robert Harris	35	98	25:55.89	8:20.8
Nick Bonura	38	100	26:07.99	8:24.7
Alex Dontchos	35	109	26:34.70	8:33.3
Jim Littlefield	39	117	26:53.23	8:39.3
anthony renz	37	120	27:02.51	8:42.2
John Richmond	36	171	29:19.57	9:26.4
Baunjoko Minkah	36	234	35:32.88	11:26.5
Robert Heady	38	256	38:55.92	12:31.9
Aldo McLean	35	267	40:49.69	13:08.5

Men's - 40 to 44

Russ Maney	44	39	21:48.19	7:01.1
John Edwards	41	92	25:42.82	8:16.6
john cook	41	99	25:57.91	8:21.4
Daniel Lawson	42	112	26:45.31	8:36.7
Michael North	42	123	27:17.77	8:47.2
thomas linford	40	136	27:41.91	8:54.9
David Bender	41	139	27:51.05	8:57.9
Chris Callebs	42	151	28:24.98	9:08.8
k loecker	42	162	28:54.73	9:18.4
Robert Pautsch	40	175	29:39.81	9:32.9
Joe Bonura	42	338	51:03.77	16:26.1

Men's - 45 to 49

Rick Caffee	45	23	20:27.13	6:34.10
timothy seibert	48	45	22:23.27	7:12.4

Saturday, May 26, 2007

Page 8 of 10

<i>Name</i>	<i>Age</i>	<i>Plac</i>	<i>Time</i>	<i>Pace</i>
gary beavin	46	53	22:52.80	7:21.9
jose santiago	49	63	23:38.33	7:36.5
Henry Sanders	48	86	25:33.31	8:13.5
Troy keller	46	106	26:32.23	8:32.5
Larry Hartog	47	111	26:42.64	8:35.8
Butch Signorino	49	156	28:35.09	9:12.0
Ed Poppe	48	157	28:35.51	9:12.2
Tim Vaughn	47	181	30:02.45	9:40.2
Victor Grazionale	48	232	35:21.41	11:22.8
Kenneth Lee	46	261	39:44.87	12:47.6
Tom Mueller	48	269	40:59.12	13:11.5
Mark Coffey	46	281	42:14.33	13:35.7
patrick reccius	48	340	51:04.92	16:26.5

Men's - 50 to 54

Jeff Ford	51	26	20:41.98	6:39.8
Michael bowen	50	37	21:39.91	6:58.4
robert magnuson	51	103	26:23.31	8:29.6
carson grayson	52	137	27:45.38	8:56.0
greg leonharat	50	149	28:20.44	9:07.3
Tom Spellman	50	194	31:20.15	10:05.2

Men's - 55 to 59

John Larson	56	58	23:05.75	7:26.0
Charles Sullivan	55	67	23:43.81	7:38.3
John Murner	55	69	23:56.28	7:42.3
John Jewell	57	121	27:06.58	8:43.6
tom herman	56	333	50:25.60	16:13.9

Men's - 60 to 64

Donald L. McNary, Sr.	63	75	24:51.26	7:59.10
Gil Shifrin	60	199	31:53.90	10:16.0
james hodge	62	362	56:03.96	18:02.8

Men's - 65 to 69

Don C. Duggins	65	174	29:34.09	9:31.0
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Saturday, May 26, 2007

Page 9 of 10

Name *Age* *Plac* *Time* *Pace*

Men's – 70and Over

william taylor	71	249	37:01.19	11:54.9
greg brazil	70	270	41:09.39	13:14.8
ernie grayson	-19	170	29:11.83	9:23.9

